

# Welcome to Pacific Symposium 2019!

**Learn from the Best:** Jeffrey Yuen | Matt Callison | Kiiko Matsumoto | Lillian Bridges  
 Jill Blakeway | Janet Zand | Stephen Cowan | Claudia Citkovitz  
 Susan Johnson | Bill Helm | Holly Guzman | Chad Conner

Amy Albright | Dustin Dillberg | Deirdre Courtney  
 Rick Gold & Yuval Ron | Robert Nations | Brian Bradley  
 Hillary Thing

## Pacific Symposium 2019 Schedule at a Glance - 56 CEUs/PDAs (Pending Approval)

Tuesday-Wednesday 10/29-10/30	Thursday 10/31	Friday 11/1	Saturday 11/2	Sunday 11/3	Monday 11/4		
<p><b>Two-Day Pre Session:</b> 7 CEUs Per Day <b>9:00am-5:00pm</b></p> <p><b>The Spirit of the San Jiao: The Developmental Fu</b> <i>Stephen Cowan</i></p> <p><b>Cannabis and CBD Hemp from a TCM Perspective</b> <i>Chad Conner</i></p>	<b>Morning Qigong</b> (1 CEU per session, NCCAOM limits qigong PDAs to 4 units)						
	7:00AM - 7:50AM	<b>Dr. Xie Eight Energies Qigong</b> <i>Bill Helm</i>	<b>Dr. Xie Eight Energies Qigong</b> <i>Bill Helm</i>	<b>Dr. Xie Eight Energies Qigong</b> <i>Bill Helm</i>	<b>Dr. Xie Eight Energies Qigong</b> <i>Bill Helm</i>	<p><b>One-Day Post Session:</b> 7 CEUs Per Day <b>9:00am-5:00pm</b></p> <p><b>Kidney Treatments for Longevity and Detoxification</b> <i>Kiiko Matsumoto</i></p> <p><b>A Balanced Diet &amp; Gastrointestinal Issues from a Chinese Medical Perspective</b> <i>Jeffrey Yuen</i></p>	
	8:45AM - 9:00AM	<b>General Sessions</b> (1 CEU per speaker/3 per morning)					
	9:00AM - 9:50AM	<b>Diagnosing from Facial Colors</b> <i>Lillian Bridges</i>	<b>Are We on the Same Page? TCM and the Modern Microbiome</b> <i>Janet Zand</i>	<b>The Science and Mystery of Healing</b> <i>Jill Blakeway</i>	<b>Introduction to Yang Sheng: Nurturing Life and Longevity</b> <i>Bill Helm</i>		
	9:55AM - 10:45AM	<b>Introduction to Peak Performance: Optimizing your Practice</b> <i>Amy Albright</i>	<b>Introduction to Posture Therapy and Functional Medicine</b> <i>Dustin Dillberg</i>	<b>Posture and Pain: A TCM Perspective</b> <i>Matt Callison</i>	<b>Four Treatments Every Caesarean Section Patient Should Have</b> <i>Claudia Citkovitz</i>		
	11:10AM - 12PM	<b>Introduction to Cannabis Medicine from a TCM and Genomics Perspective</b> <i>Chad Conner</i>	<b>Fundamentals of Yang Sheng: Food and Herbal Therapy</b> <i>Deirdre Courtney</i>	<b>Introduction to Master Tung's Magic Points</b> <i>Susan Johnson</i>	<b>Pain Management: Point Selections</b> <i>Jeffrey Yuen</i>		
	12:15PM - 1:05 PM	<b>Afternoon Qigong</b> (1 CEU per session, NCCAOM limits qigong PDAs to 4 units)					
		<b>Dr. Xie Eight Energies Qigong</b> <i>Robert Nations</i>	<b>Dr. Xie Eight Energies Qigong</b> <i>Robert Nations</i>	<b>Dr. Xie Eight Energies Qigong</b> <i>Robert Nations</i>	<b>Dr. Xie Eight Energies Qigong</b> <i>Robert Nations</i>		
	2:00PM - 5:00PM	<b>Afternoon Workshops</b> (3 CEUs per workshop)					
		<b>Facial Manifestations of Shen</b> <i>Lillian Bridges</i>	<b>TCM Microbiome Strategies: Mood, Weight Control, and Immunity</b> <i>Janet Zand</i>	<b>Maximizing the Energetic Effects of Acupuncture Treatment</b> <i>Jill Blakeway</i>	<b>The New Normal: Acupuncture to Prevent Unnecessary Labor Induction</b> <i>Claudia Citkovitz</i>		
		<b>Cannabis Medicine from a TCM and Genomics Perspective</b> <i>Chad Conner</i>	<b>Yang Sheng: Food and Herbal Therapy</b> <i>Deirdre Courtney</i>	<b>Diagnostic Ashi Points</b> <i>Matt Callison</i>	<b>Pain Management Based on Wai Ke/External Specialty</b> <i>Jeffrey Yuen</i>		
		<b>Peak Performance: Optimizing your Practice</b> <i>Amy Albright</i>	<b>Posture Therapy and Functional Medicine in your TCM Practice</b> <i>Dustin Dillberg</i>	<b>Master Tung's Magic Points</b> <i>Susan Johnson</i>	<b>Blood Pressure and Autonomic Nerve Imbalances</b> <i>Kiiko Matsumoto</i>		
		<b>The Great Conundrum: Physiology and Treatment of the Lymphatic System</b> <i>Rick Gold</i>	<b>Treatment of Pediatric Allergies</b> <i>Moshe Heller</i>	<b>The Egoscue Method</b> <i>Brian Bradley</i>	<b>Yang Sheng: Nurturing Life and Longevity</b> <i>Bill Helm</i>		
		<b>Treatment of Lyme Disease with Chinese Medicine</b> <i>Hillary Thing</i>					
	2:00PM - 4:00PM		<b>Herb-Drug Interactions Update (2 CEUs per workshop)</b> <i>John Chen</i>	<b>Difficult Decisions in Ethics (2 CEUs per workshop)</b> <i>Holly Guzman</i>			
	6:00PM - 7:00PM	<b>Parties</b> (No CEUs)					
		<b>Halloween Happy Hour</b> <i>Sponsored by Lhasa OMS</i>		<b>PCOM Alumni &amp; Faculty Reunion</b>			
	7:00PM - 8:30PM	<b>Evening Sessions</b> (1.5 CEUs per workshop)					
	<b>Applying Chronobiology In the Clinical Setting</b> <i>Jason Prall</i>	<b>Music as Medicine: Exploration of Healing Sounds</b> <i>Rick Gold/Yuval Ron/Uyanga Bold</i>	<b>Symposium Party</b>				